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Friday Speakers - November 3, 2017

Lecture Hall 206-D Lecture Hall 206-B Stage One (Exhibit Hall) Stage Two (Exhibit Hall)

Lecture Hall 206-D

5:30 pm - 6:30 pm

HEAL NATURALLY AND STAY WELL FOR A LIFETIME
with Brenda Cobb (Atlanta, Ga.)

Be inspired to become your own health advocate. Hear how Brenda Cobb, founder of Living Foods Institute, healed herself of cancer naturally without surgery, chemotherapy or radiation. Discover how organic, raw and living foods can help your body restore health, and what it takes to reverse cancer and other diseases. Learn the five most important things you must do to heal, stay well and improve your quality of life.



Available afterward for questions at LIVING FOODS INSTITUTE booths 132-133.

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6:45 pm - 7:30 pm

TANTRA: REDEFINING LOVE TO
CREATE DEEP, LOVING CONNECTIONS
with Katrina Bos

Through the ancient wisdom of tantra, we will examine how to redefine love and relationships so that we can effortlessly be open to connect with those we love the most. This means trusting, life-long bonds with our children, and genuine relationships with friends and colleagues. Discover how your relationship can become a beautiful exploration so that "the honeymoon never ends." Katrina is the author of *Tantric Intimacy: Discover the Magic of True Connections*.



Available afterward for questions at KATRINA BOS PRODUCTIONS booth 30.

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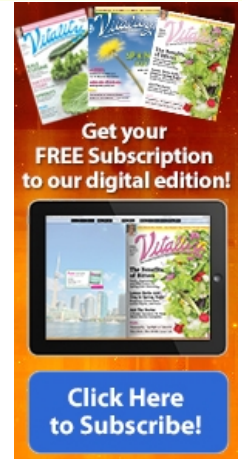
Lecture Hall 206-B

Tickets: \$35 and includes admission to all lectures and exhibits, all weekend. Available at Ticket Desk in lobby – Street Level.

5 pm - 7 pm

WIFI WORKSHOP: PRACTICAL STEPS
TO PROTECT YOURSELF FROM ELECTROMAGNETIC POLLUTION
with Dr. Andrew Michrowski, PhD (Ottawa, Ont.)

This workshop will provide practical steps and training for coping with electromagnetic radiation, including smart metres, cell phones, WiFi, and



the emerging 5G Internet-of-Things.

Join world expert Dr. Andrew Michrowski as he brings the full extent of his knowledge to the session and answers audience questions.

Available afterward and throughout the weekend for questions at ESSENTIA booth 19.



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Stage One (Exhibit Hall)

5 pm - 5:45 pm
CAN SOCKS AND INSOLES REALLY DO THAT?
with Tracy Lalonde, Voxxlife Associate

If you struggle with pain, instability or lack of balance or are looking to increase strength, endurance, and range of motion, you'll want to become familiar with Voxxlife Human Performance Technology (HPT). HPT is proprietary, exclusive and scientifically proven in independent testing. Whether you're an elite-level athlete or just needing support in day-to-day life, this innovative technology is something you need to experience. Discover this safe, effective, and affordable technology built into socks and insoles.



Available afterward for questions at VOXXLIFE booth 98.

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6 pm - 6:45 pm
BOOST YOUR METABOLISM, ENERGY,
AND STRENGTH WITH MCTs, OMEGA-3,
TURMERIC, VITAMIN D
with Dino Halikas, ND, Medical Biologist

In this session, Dino Halikas will explain: How Omega Sport+™ provides the healthy fats your body needs, increases energy production, assists with inflammation, and supports bone health. Formulated with both athletic performance and recovery in mind, Omega Sport+™ can help anyone committed to regular physical activity with its energy-boosting, metabolism-enhancing, and restorative properties. Come and learn more about the benefits of Omega Sport+™ and get ready for your next adventure.



Available afterward for questions at FLORA MANUFACTURING booth 109.

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7 pm - 7:45 pm
WHAT CAN LIVE BLOOD MICROSCOPY DO FOR YOU?
with Shannon Gregory, Live Blood Analyst

Join Shannon Gregory as she explains what live blood cell analysis is, who can benefit, and when and where live blood analysis is performed. Hear why healthcare providers are now recognizing the value of this service as a compliment to their practice, and also why we are seeing so many patients carrying Lyme disease along with many co-factors found in the blood. Ideally we want to catch a potential problem before it manifests in the body. Throughout this simple and painless test, patients will have the ability to utilize live blood analysis to prevent illness and disease.



Available afterward for questions at MICROCELL SCIENCES INC. booth 172.

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Stage Two (Exhibit Hall)

5:45 pm - 6:30 pm

FIVE ELEMENTS AND BRAIN HEALTH

with Henry Xiong, R.TCMP, RAc.



This lecture will focus on explaining the relationship between brain health and the five elements. The blood brain barrier makes it very difficult to heal brain and nervous system related disease. This seminar will shed light on how to beat the blood brain barrier and build up the communication channels with the brain.

Available afterward for questions at SAGEE CANADA WELLNESS booth 134.

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6:45 pm - 7:30 pm

HOW THE MEDICINE WHEEL
CONNECTS US TO OUR HIGHER SELF

*with Carrie Chilcott (Miingun Bii-miibaat-ewin-Kwe),
Indigenous Healer, Elder and Medicine Woman*



Carrie is a bloodline Medicine Woman and Seer who teaches the traditions and ceremonies that have helped heal people for centuries. As a direct conduit between nature and humans, she shares her wisdom of the teachings from ancestors as well as Mother Earth and Father Sky.

In this talk, Carrie will speak about the ability of each person to reconnect themselves to the Spirit world, the Cosmic world and the Underworld. The more awareness we have on the internal power within and our ability to use it, the more aligned we will feel as we navigate this outside world. We must first learn to connect with the natural resources of the earth through natural medicine, song, drumming, animal communication, and smudging.

Available afterward and throughout the weekend at LUMINOUS ENERGETIC PATHWAYS booth 61.

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Saturday Speakers - November 4, 2017

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Lecture Hall
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Lecture Hall
204

Stage One
(Exhibit Hall)

Stage Two
(Exhibit Hall)

Lecture Hall 205

11:30 am - 12:15 pm
NATURE'S MAGIC MINERAL –
HOW TO GET THE MOST OUT OF MAGNESIUM
with Dr. Paul Hrkal, ND (Toronto, Ont.)

Magnesium is one of the most important minerals in the body. In this session, Dr. Hrkal will explain: What form of magnesium is best for chronic pain, heart issues, and depression? What dose is most effective? Can we test for magnesium deficiency? and more! He will also discuss how the various forms of magnesium can be used for maximum benefits, and explain the controversy surrounding magnesium glycinate and magnesium oxide). Learn how to get the most out of your magnesium. Join Dr. Hrkal for a dynamic discussion of evidence-based information, and interactive Q&A.



Available afterward for questions at ADVANCED ORTHOMOLECULAR RESEARCH booths 138-139.

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12:30 pm - 1:15 pm
HELP FOR CROHN'S, COLITIS, CELIAC, CANDIDA –
HEALING THE GUT NATURALLY
with Amanda Burke, CNP, BA (Hons.)

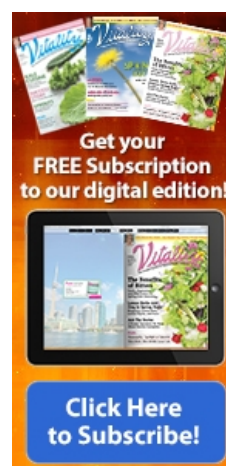
In this lecture, Holistic Nutritionist Amanda Burke will offer tools, supplements, and strategies to optimize the health of your gut microbiome. Research indicates that a leading cause of gastrointestinal disturbances – from the chronic inflammatory bowel diseases (Crohn's, colitis, celiac, IBS) to candida yeast infection, constipation, and diarrhea – can be traced to dysbiosis in the gut. The gut microbiome also influences mood, weight, inflammation, cardiovascular health, and hormone balance.

Amanda will explain how many health issues can be improved by addressing the causes of dysbiosis. Come learn the top five natural approaches that Amanda recommends to correct the dysbiosis that is undermining the health of your gut microbiome.

Available afterward for questions at NAKA HERBS & VITAMINS booth 238.

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1:30 pm - 2:30 pm
SPOTLIGHT ON SUPERFOODS –
GUIDE TO SUPPLEMENTING
WITH PHYTONUTRIENTS
with Dr. Katherine Kremblewski, ND



Why is a diet high in fruits and veggies so important for great health? The secret weapon of these fresh foods is phytonutrients! These amazing, plant-based nutritional powerhouses are what make green superfoods so appealing to those seeking awesome health with busy lives. But not all superfoods are created equal.



Join Katherine Kremblewski, ND to discuss how supplementing with phytonutrients can protect and improve your health. Learn how to amplify your diet by choosing the most phytonutrient-rich foods and supplements, with benefits you will feel every day.

Available afterward for questions at HEALTHY PLANET booth 199.

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2:30 pm - 3:15 pm

REVERSING INFECTION AND INFLAMMATION –
LYME, ARTHRITIS, FIBROMYALGIA, AND MORE
with Cass Ingram (Chicago, Ill.)



In this lecture, Cass Ingram will discuss how wild herbs and raw foods can impact the body's response to infection and inflammation without the dangerous side effects caused by many medicines. This includes a look at Lyme disease, arthritis, fibromyalgia, osteoporosis, chronic pain, and more. Cass Ingram has authored more than 25 books on natural medicine and is a foremost authority on using natural herbs to make positive changes to everyday health.

Available afterward for questions and book signings at HEALTHY PLANET booth 178.

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3:30 pm - 4:15 pm

HOT DETOX SECRETS TO HAPPINESS
AND EXTREME LONGEVITY
with Julie Daniluk, RHN (Toronto, Ont.)



Enjoy this fun and entertaining workshop packed with stress-busting remedies and hormone-balancing foods! Learn the secrets that people who live more than 100 years have in common and discover the four habits that will extend your life and increase your happiness. Julie will share the ancient wisdom of Asia with the modern Western scientific perspective of detoxification and how it consistently enhances vitality.

Available afterward for questions at HEALTHY PLANET booth 176.

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4:30 pm - 5:30 pm

KILLER DRUGS AND HOW TO SURVIVE THEM
with Dr. Zoltan Rona, MD, M.Sc. (Richmond Hill, Ont.)



Death is never an acceptable side effect of a prescription drug yet there are five classes of very commonly prescribed drugs that are potential killers. This lecture identifies the five classes, tells you what to expect from taking them good and bad, offers alternatives and teaches you how to protect yourself from their commonest side effects. This lecture might either save your life or help your loved ones or friends avoid unexpected death.

Available afterward and throughout the weekend for questions at HIGH LEVEL WELLNESS booths 236-237.

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5:45 pm - 6:45 pm

AGING WELL STARTS NOW
with Dr. Kate Rhéaume, ND

Many of the conditions that we think of as “just a part of aging” are actually the result of long-term nutritional deficiencies or toxin build-up. Decline in brain health, bone health, heart health, and joint health aren’t inevitable. In most cases these common health concerns can be greatly improved or prevented. In this seminar you will learn about the impact of nutrition and lifestyle on many age-related conditions. Join author and naturopath Dr. Kate Rhéaume as she reveals how you can live longer in good health!



Available afterward for questions at HEALTHY PLANET booth 178.

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Lecture Hall 206-D

11:45 am - 12:45 pm

THE LINK BETWEEN OBESITY, MENTAL ILLNESS, ALLERGIES, AND DIGESTION – BOOST YOUR MICROBIAL DEFENCES
with Dan Zaharie, CNP



The overuse of antibiotics and sanitizers makes us think that our microbes hardly matter, but science is revealing a different story, one in which microbes run our bodies. In this lecture, Dan Zaharie draws on the latest scientific research to show how the root cause of our modern diseases – obesity, mental illness, digestive disorders, allergies, autoimmunity, and even cancer – stems from our failure to care for our individual colony of microbes.

The foods we eat and the lifestyle we have determine the microbes we are home to; they become ours to shape, cultivate, and care for. Join this lecture to learn strategies to improve the health of your superorganism by increasing the diversity of bacterial species residing in your gut.

Available afterward for questions at THE INSTITUTE OF HOLISTIC NUTRITION booth 131.

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1 pm - 1:45 pm

STAYING ALKALINE IN AN ACIDIC WORLD
with Barbara Jentschura, B.Sc., M.Sc.
(Muenster, Germany)



Come and discover three easy steps to purification and regeneration. Barbara Jentschura is CEO of Jentschura’s Regenata, a German therapy system for increasing alkaline levels in the body to heal and prevent diseases. The Regenata cure was invented by her father, Dr. Peter Jentschura, according to his research on alkaline metabolic recovery.

As a lecturer and coach, Barbara is promoting a vision of a healthy future for all, driven by empowerment and education. “We are passionate about implementing a feasible healthy lifestyle in our modern civilization. The acid-alkaline balance is at the core of a sustainable healthy lifestyle that is giving the individual energy and autonomy in everyday life,” she says.

Available afterward for questions at YOUINFOCUSPRODUCTS booth 128.

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2 pm - 2:45 pm

INNOVATIONS IN DENTISTRY
with Dr. Dana Colson, DDS (Toronto, Ont.)



Learn 10 pearls of wisdom that everyone ought to know, including new innovations to support minimally invasive dentistry. Learn how to keep your teeth and how dentistry can be anti-aging. Metal-free dentistry and safe, IAOMT-approved protocol will be discussed.

Learn how we can protect nerve degeneration with products that remineralize tooth structure. Learn about protein-rich fibrin (PRF) and its exciting use in dentistry. Discover the latest information about food intake and healthy home care routines. Learn why healthy smiles are the most beautiful smiles.

Available afterward and throughout the weekend for questions at DR. DANA COLSON & ASSOCIATES booths 84-85.

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3 pm - 3:45 pm
TRUE PREVENTATIVE HEALTH AND IMPROVED
LONGEVITY WITH MEDICAL LIGHT THERAPY
with Marcel Wolfe



In 1903, the Nobel Prize was awarded to Danish physician Niels Ryberg Finsen for his breakthrough work in medical light therapy. Dr. Finsen developed one of the first devices capable of producing artificial sunlight with controllable parameters, such as intensity and emitted light spectrum, and further demonstrated the effectiveness of that light therapy for the medical treatment of various diseases, such as Lupus vulgaris, also known as tuberculosis of the skin. He is therefore considered the founder of modern light therapy.

Today, more than 110 years later and based on Dr. Finsen's pioneering and revolutionary work in light therapy, a highly qualified team of internationally world-renowned experts and scientists at Bioptron AG produces the Bioptron Light Therapy System, a clinically tested, proven, and certified light therapy medical device. It is in full compliance with the highest-quality standards and medical device requirements. The Swiss company Bioptron AG was founded in 1988 and became part of the Zepter Medical Division in 1996.

Available afterward for questions at ZEPTEK INTERNATIONAL CANADA INC. booths 90-91.

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4 pm - 4:45 pm
AGING BITES – FIND THE FOODS
THAT KEEP YOU YOUNG
with Allison Tannis, M.Sc., RHN



An innovative look at a provoking challenge we are all facing – getting old. Allison will provide indispensable and cutting-edge info on what causes aging. It's a journey around the world, through scientific labs, and into your kitchen, to discover foods and food compounds that will keep you young at heart, body, and mind.

Available afterward for questions at SEQUENCE HEALTH LTD. booth 135.

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5 pm - 5:45 pm
DIVINE GRACE, THE HIGHER
OCTAVE OF TRANSFORMATION
with Peter Schnell, B.A.Sc.

We are participating in a historic shift to a higher consciousness here on Earth and our growth includes releasing and transforming our old patterns, blocks and traumas from the past. The new energies coming in are increasingly flooding us with Divine Grace, where we recognize our higher essence and are allowed release these limitations through Divine Love and Mercy.



The impact of karma is diminishing so that we can accelerate our spiritual awakening and live our true divine power. We will include a channelled meditation while holding a Litios Light Crystal to connect with and experience Divine Grace.

Available afterward for questions at LITIOS LIGHT CRYSTALS booth 21.

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6 pm - 6:45 pm
SPOTLIGHT ON WOMEN'S HEALTH:
HOW STRESS AFFECTS YOU AND YOUR
HORMONES – AND WHAT TO DO ABOUT IT
with Dr. Stephanie Rubino, ND



Raging hormones, stress, and lack of sleep can have a negative effect on women, their relationships, and quality of life.

At this lecture, you will learn techniques for: naturally restoring hormone balance at any age; fighting fatigue and coping with everyday stress; why women get belly fat and how to get rid of it; why hair, skin, and nails are key indicators of bone health.

Available afterward for questions at HEALTHY PLANET booth 197.

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Lecture Hall 206-B

11:45 am - 12:30 pm
TESLA AND MAGNETIC FIELDS
with Dr. Misha Stojicevic, PhD



In this talk, University of Belgrade professor Misha Stojicevic will explain how chemical reactions in industry and the human body can be improved using magnetic fields, with many therapeutic benefits. He will also discuss and detail the work done by Nikola Tesla in this area. This promises to be an extremely interesting presentation.

Available afterward for questions at CENTURION booth 51.

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12:45 pm - 1:30 pm
AYURVEDA AND WAYS TO FIND YOUR BALANCE
with Debra Joy Eklove, Ayurvedic Practitioner



Ayurveda is a 5,000-year-old scientific system, which teaches that balancing of the mind, body, and spirit is essential for holistic well-being. Join Debra in learning more about the wisdom of Ayurveda and how the tools of Ayurveda can help you find balance in daily life.

Available afterward for questions at TETLEY CANADA booth 158.

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1:45 pm - 2:30 pm
ICELAND – HEALING AT THE HEART OF MOTHER EARTH
with Sandra Moon Dancer, B.Sc., M.HSc.



Iceland — the Land of Fire and Ice. In these times of rapid world change and transformation, now is the time to visit Iceland! Energy teachings, Mother Earth spirituality, song and beautiful photos allow you to experience the heart chakra of Mother Earth, a land of healing, magic, and peace like no other.

Since 2012, Sandra Moon Dancer has worked with the Icelandic Peoples to support an international healing community. With 30 years experience, in the healing and indigenous peoples' communities, Sandra Moon Dancer is an internationally renowned shaman and executive director of Centre of Circle Wisdom. She shares stories of adventure, enlightenment and beauty. Come receive an early bird discount for travelling in 2018!

Available afterward for questions at CENTRE OF CIRCLE WISDOM booth 28.

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2:45 pm - 3:45 pm
ARCHETYPAL ENERGY MEDICINE VIA
SHAMANIC MEDITATION AND KIRTAN
with Gaisheda Kheawok, Messenger of the Mother



The sacred wisdom of sound is a universal language long known and utilized by the tribal people to transform and heal. Meditation, long established in Tribal and Celtic traditions, holds a very important place in our approach to spiritual healing. When mindful/conscious use of Sacred Sound is expressed in conjunction with Shamanic Energy Medicine and Meditation, significant alchemical changes occur in the four lower bodies (Spiritual, Mental, Emotional and Physical), enhancing meditation and healing.

Gaisheda Kheawok is a Tribal Elder in the Celtic and Seneca Traditions. She is known as The Messenger of The Mother, and is a renowned Master of Kirtan and Sound with 30 years of experience in Shamanic Soul-Based Energy Medicine™ and Meditation in the Yogic and Shamanic Tribal Traditions. Gaisheda is the Founder and Director of the Whispering Song School of Energy Medicine, an innovative School delivering holistic psychoeducational programs for individuals seeking personal growth, and practitioners interested in progressive professional development.

Available afterward for questions at THE WHISPERING SONG SCHOOL OF ENERGY MEDICINE booths 74-75.

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4 pm - 4:45 pm
EPIGENETICS: HOW YOUR
LIFESTYLE AFFECTS YOUR DNA
with Dr. Joel Wallach, DVM, ND (Chula Vista, Calif.)



The science of Epigenetics is unlocking significant clues as to how environment and lifestyle can induce changes in the expression of certain genes linked to biological development and disease. Less than two per cent of human diseases are the result of genetic destiny. The poor choices we make are being imprinted upon our DNA and passed on to our children. Epigenetics sets the stage for almost every major chronic disease we are witnessing today. Join Dr. Wallach as he explores this fascinating subject, demonstrating the link between lifestyle, gene expression, and disease manifestation.

Available afterward for questions at YOUNGEVITY CANADA booths 117-118.

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5 pm - 5:45 pm
YOUR BODY WAS CREATED TO HEAL ITSELF
*with Brenda Cobb, Founder,
Living Foods Institute (Atlanta, Ga.)*



Learn how your thoughts, emotions, and stress can create an out of balance body, and how toxins and what you eat are directly related to your personal health and well-being.

Brenda Cobb healed herself of cancer without using surgery or drugs. She then went on to open the Living Foods Institute to teach others the most important things to do to heal serious diseases like cancer, diabetes, heart disease, strokes, COPD, HIV/AIDS, arthritis, and more, and how to keep the body healthy and vibrant. Learn the most important things you can do to create and keep optimum health for your entire life.

Available afterward for questions at LIVING FOODS INSTITUTE booths 132-133.

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6 pm - 6:45 pm
SAUNA THERAPY CAN LOWER YOUR
TOXIC LOAD AND PREVENT DISEASE
with Rodney Palmer

In this modern polluted world, there is an ancient and surprisingly simple way to stay healthy. Rodney Palmer, founder of SaunaRay, will deliver the latest research on the science of detoxing pesticides, heavy metals, and more through the skin to prevent disease and increase longevity. Learn the facts on how daily sweating can restore your body to its natural healthy state, without medication.



Available afterward and throughout the weekend for questions at SAUNARAY booths 228-229.

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Lecture Hall 204

12 pm - 12:45 pm
DETOX ROCKS! PODCAST LIVE
with Brian Gangel, "The Health Detective"

Join "Triple B" as he takes you throughout the dizzy maze of detoxification methods. Strap in and get ready for liftoff. Learn about Liver Detox, Kidney Flush, Intestinal Cleanse, Skin Purification, and Brain-Drain. Discover the secrets of the pros.

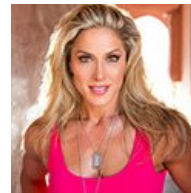


Available afterward for questions at OSUMEX NATURAL ALTERNATIVES LTD. booth 171.

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1 pm - 1:45 pm
HOW TO BE HEALTHY, HAPPY, AND STRONG
with Melissa Tucker, CPT, NLPP, RHN, CBP

As a Holistic Nutritionist, fitness Coach and pro athlete, Melissa understands firsthand that looking fit on the outside does not always equate to being healthy on the inside. A well-built body happens from the inside out.



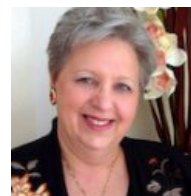
No matter where you are on your fitness journey, Melissa can help you discover that each step can be one in the right direction by navigating you through periodized programming. With the precision nutrition and supplement plan, the results of any training program you do will be optimized to your body's needs. Whether you have just gotten into training recently, or for years, this seminar will empower you to [get in shape or] bodybuild holistically.

Available afterward for questions at CANADIAN SCHOOL OF NATURAL NUTRITION booth 64.

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2 pm - 2:45 pm
DOWSING: SCIENCE OR MAGIC?
with Rev. Alicja Aratyn, M.Eng., DM

Dowsing, which has been practiced for millennia, is still treated as a type of superstition, even though the ability to connect with everything is as natural as speaking or hearing. Quite often success in life depends on precision of communication with both higher dimensions and fellow humans. By perfecting that skill in dowsing, we can bring more successes into every aspect of our lives: regaining health, protecting the environment, and finding answers to everyday questions. After this lecture you can decide – is dowsing science or magic?



Available afterward for questions at ALICJA CENTRE OF WELL-BEING booth 22.

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3 pm - 3:45 pm
ASCENDED MASTERS' TEACHING
with *Natasha Zwanck and Lina Fadina, translators*



Learn what the Ascended Masters tell us about reincarnation and changing our consciousness. For the first time in Canada, this international group of volunteers will be representing the Messenger of the Ascended Masters Tatyana Mickushina, author of more than 60 books. The author will not be present at this event.

Available afterward for questions at SIRIUS: ASCENDED MASTERS' MESSAGES booth 38.

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4 pm - 4:45 pm
LYCOPENE FOR HEART DISEASE
with *Richard Bejnar, B.Sc.*



Learn how Lycopene, the "super antioxidant", has just become even better with a new patented formulation proven to increase arterial health by more than 50%! Richard Bejnar, President of Lycohealth Inc., presents these findings, alongside his personal journey of coming to terms with a family history of heart disease, in this inspiring lecture.

Available afterward for questions at CLM HEALTH GROUP INC. booth 140.

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5 pm - 5:45 pm
UNDERSTANDING THE REINCARNATION PROCESS
with *Michael Uyttebroek*



Wondering about reincarnation? Want to know what happens to your personality when you die? Gain new insights into this fascinating subject, based on the written works of 'Billy' Eduard Albert Meier. This PowerPoint presentation will cover: the creation, the spirit-form within each human being, its purpose, storage banks, and fluidal energies. Other topics will include cremation vs. burial, organ transplants, and common misunderstandings with regard to reincarnation.

Available afterward for questions at FIGU-LANDESGRUPPE CANADA booth 35A.

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6 pm - 7 pm
SHAMANIC ENERGY MEDICINE
EXERCISES FOR THE DAY TO DAY



Energy Psychology is emerging as one of the most powerful forms of alternative healing. Learn simple Energy Medicine Exercises to enhance your life. Master the art of divining and dowsing your own energy field. Develop grounding and protecting exercises. Learn how not to leak energy by creating better energetic boundaries. Whether you are a novice or practitioner, come experience the transformative power of Energy Medicine with The Whispering Song School of Energy Medicine Practitioners and Faculty.

Available afterward and throughout the weekend for questions at THE WHISPERING SONG SCHOOL OF ENERGY MEDICINE booths 74-75.

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Stage One (Exhibit Hall)

11:45 am - 12:30 pm
EARN FIVE PER CENT ANNUALLY
WITH SOLAR SHARE BONDS
with *Jonathan Silver*

This talk will explain how you can invest in solar energy without putting panels on your roof. This talk will also introduce participants to the concept of divestment, and the role it plays in a holistic and ethical lifestyle.

Available afterward for questions at SOLARSHARE booth 119A.



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12:45 pm - 1:30 pm
THE MAGIC OF HYPNOSIS
with Luke Michael Howard

In this interactive and experiential talk on the power of hypnosis for personal change, Luke will give the audience demonstrations of hypnosis as well as an intervention to remove an audience member's fear, phobia, or something that has been holding them back.



Available afterward for questions at LUKENOSIS booth 66.

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1:45 pm - 2:30 pm
HOW TO BALANCE BLOOD SUGAR NATURALLY
with Henry Xiong, RAC., R.TCMP

Learn about the root causes of diabetes, and natural ways to balance your blood sugar. Henry will discuss the lifestyle changes you need to make in order to heal naturally.



Available afterward for questions at SAGEE CANADA booth 134.

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2:45 pm - 3:30 pm
IS YOUR OLIVE OIL FAKE?
with Panagiotis Tsiriotakis

Did you know that 70% to 90% of olive oils on the shelf are adulterated? They are blended with other oils, such as corn or canola oil, chlorophyll and beta-carotene. Panagiotis Tsiriotakis, owner of Acropolis Organics, will teach you how to distinguish real olive oil from all the fakes on the market. He will also walk you through the fascinating history of olive oil and its numerous health benefits.



Available afterward for questions at ACROPOLIS ORGANICS booths 150-151.

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3:45 pm - 4:30 pm
BEAUTIFYING SEAWEEDS
with Diane Bernard, "The Seaweed Lady"

Diane Bernard, seaweed visionary and founder of Seaflora Skincare, has a passion for the ocean that goes back for generations. From one of Canada's windswept and majestic coasts to the other, from sandy beaches to rocky shorelines, the ocean and its elements hold no secret for Diane.



As the CEO and mastermind of the world's first and leading skincare line based on USDA-certified organic seaweed, Diane is a sought-after expert on the beauty and wellness benefits of oceanic seaweed and marine nutrients. A passionate educator and engaging speaker, she is thrilled to offer a Seaweed Science Seminar in which you'll be introduced, with her infectious passion and enthusiasm, to the mysterious world of thalassotherapy: the healing power of our oceans for renewing body, mind, and soul. Come and learn what seaweeds can do for your health and well-

being, the reason behind their superfood status, and why they might be the best tool in your anti-aging beauty arsenal. Don't miss this opportunity – we can't wait to see you there!

Available afterward for questions at SEAFLORE SKINCARE INC. booth 103.

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4:45 pm - 5:30 pm
UNLOCKING YOUR HAPPINESS WITHIN
with Teresa Yeung, International Master of Chi Gong

Master Teresa will talk about her new second book, "Unlocking Your Happiness Within", the first book in the world solely talking about how Chi Gong can release difficult emotions. Open yourself to her generous Chi healing. It will transform individuals like you to heal yourself, thus healing others. Raise consciousness and have a beautiful spiritual experience!



Available afterward for questions at THE SEVENTH HAPPINESS SCHOOL OF CHI GONG booth 46.

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5:45 pm - 6:45 pm
DISCOVER THE SECRETS OF YOUR KARMA
with Erik Valdman

Good health, rewarding relationships, and even business and financial success are all mere indicators of the state of our karma. Erik will share his understanding of ancient energy practices. Learn how to awaken your internal inherent abilities and reposition yourself for health, happiness, and prosperity.



Available afterward for questions at ART OF BIM booth 48.

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Stage Two (Exhibit Hall)

12 pm - 12:45 pm
BRAINPOWER BREAKTHROUGH
with Chris Wyllie, "The Brain Man"

In this transformative seminar, Chris Wyllie will teach advanced Brain-Hacking approaches and strategies to overcome whatever has been holding your brain back (anxiety, depression, "stuckness", bad habits, lack of focus) and teach you how to activate your full brainpower.



In the process, Chris will use live demonstrations and teach the principles and practices he uses with his private clients to optimize focus, memory, learning, and mental performance across the board. Chris will teach you about Neurotechnologies, Neuroplasticity Exercises, Neurolinguistic Programming, Brainpower Nutrition, and everything you need to know to rewire and optimize your brain. Chris is pioneering the next level of neuroscience-meets-self-development to activate your highest superhuman abilities.

Available afterward for questions at GAME CHANGER EXPERT booths 122-123.

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1 pm - 1:45 pm
LISTEN TO YOUR GUT: IT HOLDS THE ANSWERS TO
REDUCING YOUR STRESS AND INCREASING YOUR JOY
with Dr. Jaclyn Cooper, ND

This talk is for those who at times feel exhausted and overwhelmed with the daily grind of life's demands. The focus is on the gut-brain connection

and how it affects all facets of our health - physical, emotional, mental and spiritual. We will discuss, how you can respond to the needs of your gut, so that you get the increased energy, health and joy you're looking for. This talk will also address questions like, "Why do certain foods affect mood?"; "Can stress can make you want to eat?"; "Are my sugar cravings coming from my brain or my gut?"; "Can probiotics help alleviate depression?"



Available afterward for questions at SMITH'S PHARMACY booth 148.

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2 pm - 2:45 pm

LIVING AN ALKALINE LIFE: IMPROVED HEALTH
OUTCOMES THROUGH ACID-BASE BALANCE
with Jeanette Anecchini, Certified Alkaline Health
Coach and Detoxification Specialist



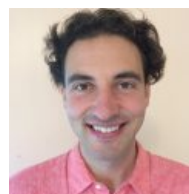
Learn why detoxification through the proper alkaline-acid balance is crucial to your well-being. Stress and the standard American diet increase acidity levels in the blood, lymph, and tissue. By replenishing alkaline reservoirs, we can improve chronic inflammatory conditions such as gout, rosacea, osteoporosis, and more.

Available afterward for questions at NATURE'S SOURCE booths 107-108.

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3 pm - 3:45 pm

THE WONDERFUL WORLD OF APITHERAPY
with Yann Loranger



Discover apitherapy, the therapeutic use of beehive products such as honey, pollen, propolis, bee bread, royal jelly, beehive air, and more. Apitherapy expert Yann Loranger details the five most efficient therapeutic uses of bee products, with testing and sampling of the latest and greatest discoveries. Learn more about responsible and ethical beekeeping, bees' role in the environment, and the Canadian Apitherapy Association at this engaging lecture.

Available afterward for questions at THE BEE SHOP booth 209.

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4 pm - 4:45 pm

EMOTIONAL HEALING WITH THE
F.I.X. CODE TECHNIQUE
with Daniel Flear and Stacey Nye



Is your teen anxious, feeling pressured about drugs, cyber bullying, or parental separation? Do you suffer from anxiety, fears, or depression? Are your little ones acting out in anger? Are you caring for aging parents and burdened with all the responsibility? Are you frustrated and ready to give up?

In this 15-minute session, we will prove that you can get rid of the negative emotions from the biggest problems in your life – we don't need the details. Daniel Flear and Stacey Nye will explore how The F.I.X. Code – a brand-new, cutting-edge technique, was created, and how it can help you and your loved ones. Non-invasive, not talk therapy, and it works every time – when you want help. you can even learn to do this via online training!

Available afterward for questions at THE F.I.X. CODE TECHNIQUE booth 55.

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5 pm - 5:45 pm

SWING, MOVE, AND SMILE WITH SMOVEY CANADA
with Gernot Faderbauer,

World Champion and Olympian

Smovey was designed to offer an increased level of fitness, happiness, and relief, by stimulating the body and mind in a fun and enjoyable way, free of heavy lifting or impact training.



Introducing the repetitive movements of Smovey to the art of reflexology will lead to metabolism stimulation, activation of 97% of our muscles, fat burning, digestive system stimulation, detoxification through improved function of our lymphatic system, better function of our immune system and the thymus gland, vitalization of our body cells, strengthening of our heart, circulation system, and connective tissue. Smovey has helped millions of people all over Europe, and is new in Canada.

Available afterward for questions at SMOVEY CANADA booth 44.

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6 pm - 6:45 pm

HOW PEMF THERAPY CAN HELP TO ALLEVIATE
FATIGUE, PAIN, INSOMNIA, AND MORE
with Kim Sartor

Pulsed Electromagnetic Field (PEMF) therapy is used to optimize cell function in the body. PEMF helps the body absorb nutrients and detoxify it as well. It has been used in Europe for more than 40 years and is now in Canada. Health Harmonies Clinic has been offering this treatment to its patients in Newmarket and Collingwood for more than five years with amazing results. It is now showing therapeutic benefits for horses as well.



Available afterward and throughout the weekend at HEALTH HARMONIES booth 25.

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Sunday Speakers - November 5, 2017

Lecture Hall
205

Lecture Hall
206-D

Lecture Hall
206-B

Stage One
(Exhibit Hall)

Stage Two
(Exhibit Hall)

Lecture Hall 205

11:15 am - 12 pm

DISCOVER THE BENEFITS OF MAGNETIC THERAPY
with Ruth Murray

Magnetic therapy is a popular form of self-treatment for people looking for natural solutions to treat muscle and joint pain, headaches, insomnia, and more. Safe and natural with no known side effects, and according to Dr. Kenneth MacLean, "Magnetic therapy is good for any disorder and harmful to none."



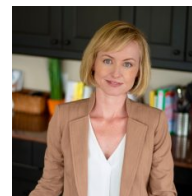
Available afterward for questions at SERENITY 2000 - IT'S MAGNETIC booth 83.

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12:15 pm - 1 pm

PREVENT DISEASE BY CLEARING INFLAMMATION
with Dr. Kate Rhéaume, ND

Arthritis. Depression. Dementia. Cancer. Heart disease. What do these various health conditions have in common? Answer: Inflammation. By understanding this powerful fiery force and what makes it burn out of control, we can vastly improve health and promote healing of many health problems. Join Dr. Kate Rhéaume, naturopathic physician and best-selling author, as she demystifies inflammation so you can get it to work for you instead of against you.



Available afterward for questions at HEALTHY PLANET booth 178.

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1:15 pm - 2 pm

WE'RE NOT ALONE: A LOOK
INTO THE HUMAN MICROBIOME
with Dr. Katherine Kremlowski, ND

Learn how the 300 trillion bacteria in our intestines effect every component of our bodies, from digestion to cognitive health, and why it's so important to take care of these bacteria. Attendees will leave with tips and tricks to optimize and diversify their own ecosystems and bacterial allies!

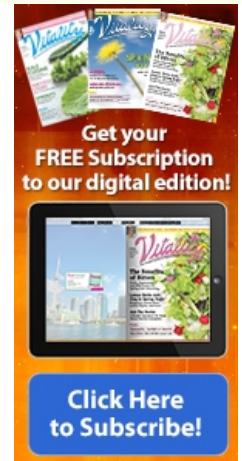


Available afterward for questions at HEALTHY PLANET booth 198.

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2:15 pm - 3 pm

YOUR SUBCONSCIOUS CORE
BELIEFS ARE KEY TO BREAKING



FREE FROM OLD PATTERNS
with Lisa Sidorowicz, MA, B.Ed., CBE
Master Practitioner

Are you stuck in the conflict between what you think intellectually and how you feel emotionally? Do you continue to repeat the same unproductive reactions and patterns despite making every effort not to? If this sounds like you, the information in this presentation could transform your life. Come learn why your powerful subconscious core beliefs have been faithfully holding you back and how you can break free.



Available afterwards and throughout the weekend for questions at booth 68.

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3:15 pm - 4 pm
HEAL YOUR GUT, SPARK YOUR ENERGY,
AND CREATE HEALTHY HORMONES
with Julie Daniluk, RHN

Julie Daniluk's engaging new book, *Hot Detox*, unifies three unique elements of healing to create a revolutionary breakthrough in how food detoxifies your body. In this empowering lecture, Julie combines scientific rigour, soothing cooking tips, and ancient food wisdom that reduces many health issues. Learn the exact nutrients that you need to run your detoxification pathways effectively and dramatically improve your health this year. Julie dishes out her secrets of how to reduce stubborn cravings, speed up metabolism, and create a life you love!



Available after for questions at HEALTHY PLANET booth 176.

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4:15 pm - 5 pm
HOT CHIXS, HOT SEX: HOW TO
THRIVE THROUGH MENOPAUSE
with Irene Hogan, B.Pharm. (Hons.), R.Ph.

Hot flashes, night sweats, weight gain, no libido, tired and bitchy... Come and learn how to go from hot and bothered to calm and cool, but still sassy. Learn how to survive menopause with lifestyles, supplements, and hormone balancing.



Available afterward and throughout the weekend for questions at BONA DEA WELLNESS INC. booth 126.

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Lecture Hall 206-D

11:15 am - 12 pm
TOP HEALTH HACKS FOR BUSY PEOPLE
with Joy McCarthy, (Toronto, Ont.)

Join Joy McCarthy, Holistic Nutritionist, as she shares the top 10 health hacks for busy people. These include daily detox habits, the importance of high-quality food and supplements and the power of fermented foods to name a few. You'll feel ready to take on whatever life hands you with these simple and highly effective strategies for your best health.

Available afterward for questions at HEALTHY PLANET booth 198.



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12:15 pm - 1:15 pm
BALANCE ACIDS AND TOXINS
IN YOUR LIFE FOR BEST HEALTH
with Stephan Wilmes, M.Sc. (Edmonton, Alta.)

Eating processed foods and being constantly stressed creates acidity and robs your body of mineral deposits. The process of deterioration then starts. Stephan Wilmes, The Alkaline Diet Guy, will tell you how to rebalance the alkaline levels in your body through regeneration, purification, and cleansing.



Stephan is a former professional athlete, an alkaline coach, and founder of the Ayurveda Wellness Center Munich, Germany. He is an internationally renowned speaker on re-alkalizing the body and his company, YouInFocusProducts is the North American distributor of Dr. Jentschura's alkalizing program from Germany.

Available throughout the weekend at YOUINFOCUSPRODUCTS booth 128.

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1:30 pm - 2:15 pm
REVERSE HEART DISEASE, TYPE 2 DIABETES,
AND MORE WITH BLACK SEED
with Cass Ingram (Chicago, Ill.)

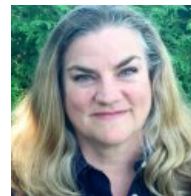


In this session, Cass Ingram, author of the *Black Seed Miracle*, will dive into how Black Seed has been traditionally used and why it is an excellent superfood that can support many different parts of the body including the heart, digestion, and immune system.

Available afterward for questions and book signing at HEALTHY PLANET booth 198.

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2:30 pm - 3:15 pm
NUTRITIONAL APPROACHES TO METABOLIC
SYNDROME, DIABETES, ALZHEIMER'S AND MORE
with Jill Hillhouse, BPHE, CNP, RNT

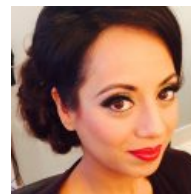


Come and learn about the power of food to reverse blood sugar problems and help prevent cognitive decline. Unbalanced blood sugar is one of the most important factors that paves the way for inflammation, metabolic syndrome, and even Alzheimer's Disease. Join Functional Nutritionist Jill Hillhouse to learn how the ancestral diet can help you reset your blood sugar, curb inflammation, and keep you mentally sharp well into old age.

Available afterward for questions at SMITH'S PHARMACY booths 147-149.

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3:30 pm - 4:15 pm
INTEGRATED THERAPIES FOR YOUR CANCER
DIAGNOSIS
with Dr. Amita Sachdev, ND



A cancer diagnosis leaves patients with many questions about which therapies they should choose, and which are most effective to treat their cancer. Dr. Amita Sachdev, ND has experience working with medical and radiation oncologists and experts in her field. She can help you navigate treatments to manage side effects of conventional chemotherapy, radiation, and support, pre- and post-surgery.

Available afterward for questions at SMITH'S PHARMACY booths 147-149.

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4:30 pm - 5:15 pm
THE THREE BRAINS: HOW THE HEART,
BRAIN, AND GUT AFFECT YOUR HEALTH –
AND HOW TO NOURISH THEM ALL
with Dr. Stephanie Rubino, ND

What if there were three brains? Research has recently found that we

actually have three brains: the heart, gut and head brains all working together to influence our state of mental and emotional wellbeing, and overall health.

More and more people are being diagnosed with brain disorders, including anxiety, depression, insomnia, schizophrenia, learning disorders, and dementias. Learning how these three brains work together provides a much greater understanding of how to help prevent and treat these life-limiting mental health disorders. These new discoveries are brain changers. This is not an alternative approach - it is fundamental to optimal brain health!



Available afterward at HEALTHY PLANET booth 197 for questions.

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Lecture Hall 206-B

10:30 am - 11:15 am

HOW TO STAY SAFE IN AN ELECTROPOLLUTED WORLD
with Dr. Andrew Michrowski, PhD (Ottawa, Ont.)

SMART metres, wireless gadgets, dirty electricity... here's what you need to know. There is an alarming increase of public exposure to microwave technologies and dirty electricity (from compact lights and switches) in Canada, often in excess of government safety codes. This increase is hurting the healthy as well as the environmentally hypersensitive. Find out how people are equipping themselves to monitor their home and office environment, put protection in place, and challenge authorities.



Available afterward for questions at THE PLANETARY ASSN. FOR CLEAN ENERGY booth 19.

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11:30 am - 12:15 pm

PAIN COMES NATURALLY – SO CAN RELIEF!
with Melanie Trepanier (Vancouver, B.C.)

Melanie Trepanier is the brand manager at SierraSil Health Inc., and a yoga teacher in Vancouver, B.C. In this 50-minute seminar, we'll explore the causes and effects of inflammation and offer simple natural solutions that you can integrate today. Come join in as we move a little, breathe a little, and learn how to naturally put pain at ease.



Available afterward for questions at SMITH'S PHARMACY booths 148-149.

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12:30 pm - 1:15 pm

YOUR PURPOSE-DRIVEN BUSINESS:
A PATH TO ENLIGHTENMENT
with Irina Benedict, B.Sc., P.Eng., Spiritual Business Coach

During this interactive presentation, you will gain clarity on your purpose and path forward by answering a series of questions. Next, you will learn how to align your business with your purpose so that it becomes sustainable and thriving. When your business is progressing, and you are doing the work you love, you feel fulfilled, and as a result, stay optimistic and healthy. Join Irina to learn the path to enlightenment through your purpose driven business.



Available for questions afterward and throughout the weekend at ENTREPRENEUR ENLIGHTENMENT ACADEMY booth 52.

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1:30 pm - 2:15 pm

LIMITLESS HEALING:
THE QUANTUM PHYSICS PROJECT
with Brian Gangel

Spend an hour with Brian Gangel, Canada's QRA™ (Quantum Reflex Analysis) Health Expert, as he shares cutting-edge health secrets, discovered in his 20 years of research, which have helped thousands of others realize their full health potential. Want to know if what you are taking will work for you? Learn the new science of health. No more guessing; find out what is going to work! So many secrets... it's going to be a drink from the fire hydrant. Don't miss it!



Available afterward for questions at NEW MILLENNIUM LIVING LIMITED booth 72.

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2:30 pm - 3:30 pm
SPIRITUAL WISDOM ON HEALTH AND HEALING
with Jane Durst-Pulkys, B.Sc., RNCP, CNP

Why do we have health challenges? Where does all healing really come from? Are there any hidden benefits to be gained from health imbalances? This presentation provides a spiritual perspective on health and healing, explores these questions, and discusses resources and practices that can open us to new insights and formerly elusive solutions.



Available afterward for questions at the TORONTO ECKANKAR CENTRE booth 57.

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3:45 pm - 4:30 pm
A SOUL CRIES OUT FOR HELP
with Paul Bertram, B.Sc.

Hear about a personal journey out of the shadow of anxiety and into the light of day. How freedom from fear came from discovering exactly why, even after achieving success in work and life, a person could continue to suffer inside. Hear about how, after pursuing many detours and dead ends, stumbling on some fundamental new concepts could at last reveal the meaning of life, and could open the door to true peace and happiness. This ongoing journey towards greater consciousness is inspired by the work *In The Light of Truth: The Grail Message* by Abd-ru-shin.



Available afterward for questions at GRAIL BOOKS CANADA booth 39.

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Stage One (Exhibit Hall)

11:15 am - 12 pm
FIVE PILLARS OF HEALING
with Effy Germanis, B.Sc.(Hons.), ND, RAc. Candidate

Nutrition, exercise, mental health, digestive power, and hormonal balance – understanding the five key pillars of health can give you a strong foundation for strength and longevity. Come and find out what you can do on a daily basis, blending key strategies into your daily routine. Learn how to balance your meals, choose supplements wisely, and balance your emotional wellbeing.



Available afterward for questions at SMITH'S PHARMACY INTEGRATED MEDICINE CLINIC booth 169.

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12:15 pm - 1 pm
THE ROLE OF MINERAL DEFICIENCIES IN DISEASE

with Dr. Joel Wallach, DVM, ND (Chula Vista, Calif.)

Human beings require 90 essential nutrients daily for optimum health, and 60 of these are minerals. Some of the diseases and health issues associated with mineral deficiencies are: calcium deficiency (arthritis, high blood pressure, and osteoporosis), copper deficiency (anemia, hair loss, and aneurysms), and selenium deficiency (cancer, cataracts, age spots, and multiple sclerosis).



Doc Wallach, the "Mineral Doctor", will expand your understanding of the role and importance of minerals and help you develop and implement a powerful nutritional program based on his "90 For Life" philosophy.

Available afterward for questions at YOUNGEVITY CANADA booths 117-118.

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1:15 pm - 2 pm

TRUE HOPE FOR MENTAL HEALTH CONDITIONS

with Eric Sveinson (Raymond, Alta.)

In this talk, you will be captivated as you hear Eric Sveinson tell the incredible true story that resulted in the discovery of a simple, holistic solution to mental health conditions. This formula contains key nutrients that have a profound effect on mental functioning, and is astounding doctors and researchers around the world.



Available afterward and throughout the weekend for questions at TRUEHOPE booth 155.

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2:15 pm - 3:15 pm

YOUR MIND, YOUR HEALTH
AND FINDING YOUR VOICE

with Cheryl Millett and

Brenda MacIntyre,

Holistic Chamber of Commerce
Members



In this presentation, Holistic Nutritionist Cheryl Millett will share her views on the root cause of all disease, while introducing the health strategies of other Holistic Chamber of Commerce members. In addition, Juno award-winning indigenous singer and wisdom-keeper, Brenda MacIntyre, will sing and share energy healing with the audience. Join them to explore a brighter future for your health.

Available afterward for questions at HOLISTIC CHAMBER OF COMMERCE booth 93.

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3:30 pm - 4:15 pm

THE LAW OF HARMONY AND
CHRISTIAN SCIENCE HEALING

with Joshua Niles (Boise, Idaho)

Have you ever craved harmony in your life? Then come to an interactive talk to learn how you can become aware of God's law of harmony. He'll share examples of how we can prove its healing effects in our lives.



Available afterward for questions at CHRISTIAN SCIENCE booth 27.

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4:30 pm - 5:15 pm

"CONSCIOUSNESS" - HOW ARE YOUR
STORIES HOLDING YOU BACK IN LIFE?

with Andrea Sahadath and Bill Little

Are you trapped, stuck in your stories, living life on a treadmill? Does your life seem to be on perpetual hold? Learn how to "break out" and live in joy

and peace. Did you know that every experience and exchange in life has the potential to shape the way you see the world?

Did you know that you are energy, everything is energy, everything is vibration, and everything is Love? Your stories create your vibration and everything you create in your life. Come and join Andrea (a former CA) and Bill for an engaging discussion about stories and beliefs and what you and do to change them.



Available afterward and throughout the weekend at CLEARLY CONSCIOUS booth 58.

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Stage Two (Exhibit Hall)

11:45 am - 12:15 pm

BHAKTI YOGA

with *Gavra Shakti Band*

Join the Gavra Shakti Band as they chant the holy *Maha mantra*, a transcendental vibration for meditation.

Available afterward for questions at ISKCON booth 210.

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12:30 pm - 1:15 pm

SUBTLE BODY WISDOM: KNOW YOUR
ENERGY FIELD, KNOW YOUR SOUL BLUEPRINT
with *Lisbeth Frigonese, Reiki Master*



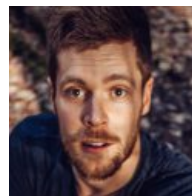
Learn the intimate relationship between your chakra/aura energy field and how they correspond to your physical, mental, emotional, and spiritual being. When we learn how to access the information that is stored in our Soul Blueprint, then we can change our lives accordingly. Here is your opportunity to learn the techniques used to read chakras/auras and master the art of implementing these readings to live a more fulfilled, happy, and balanced life.

Available afterward for questions at LUMINOUS ENERGETIC PAYTHWAYS SACRED CENTRE booth 61.

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1:30 pm - 2:15 pm

THE FORBIDDEN MAGIC OF MUSHROOMS
with *Shane Tyler Milson*



This isn't your average health show talk. Take a walk with the mushroom hunter into a mysterious world of wonder, magic, and discovery: the enchanted forests of Northern Ontario. On this journey, we'll explore why medicinal mushrooms are the world's most powerful and absorbable superfoods for boosting immunity, sexifying the skin, and activating the pineal gland.

By the end of this talk, you'll know of the top five medicinal mushrooms to take daily and how to playfully infuse them into your lifestyle. There will be mushroom prize giveaways and samples – yes, samples! Health can be fun; come learn how.

Available afterward for questions at BLACK MAGIC ALCHEMY booth 191.

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2:30 pm - 3:15 pm

THE VIOLET FLAME

with *Michael van Holst, HB.Sc., B.Ed.*

If you add one item to your spiritual tool box, have it be the violet flame. Merging the energy of the heart with visualizations from the highest frequency of the visible spectrum can produce profound transformation.

Our talk is for those who hope to enhance health, improve finances, heal relationships, break negative patterns, restore family unity or simply have less friction in their lives. Learn the mechanism by which mercy happens, and experience the joy of applying the violet flame for yourself and loved ones.



Available afterward for questions at THE SUMMIT Lighthouse of Toronto booth 36.

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3:30 pm - 4:15 pm
YOUR SUBCONSCIOUS MIND
DOESN'T WANT YOU TO CHANGE
with Brandon Dean, Certified Consulting Hypnotist

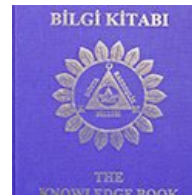


When it comes to reducing weight, quitting a bad habit, or adopting new, healthy behaviours, one of the biggest challenges you face is your own subconscious mind and the subconscious self-image that works to fight change and keep your bad habits in place. Learn about the Habit Loop and how to harness the power of your subconscious mind to achieve your goals and to create the change in your life that you desire.

Available afterward for questions at the RED CHAIR HYPNOSIS booth 71.

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4:30 pm - 5:15 pm
THE KNOWLEDGE BOOK
•ALPHA CHANNEL•GOLDEN AGE



The Knowledge Book is a gift from the cosmos to humanity during this intense transition of our planet together with all living beings on it. It is a disclosure of the Universal establishment to our planet through a program of unification of Earth with the Ordinances of Cosmos. Information will be given about the Channel Alpha, the Cosmic Age, the Golden Age, the Sacred Books program, the current status of our planet, the evolutionary steps of humanity in the future centuries, our extraterrestrial sisters, brothers, and other information.

Available afterward and throughout the weekend at THE KNOWLEDGE BOOK booth 34.

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